

Regaining Control of the Devices

INTERNET PROVIDERS

Internet providers have a number of controls available to parents to help them monitor and control their children's devices (phones, iPads, tablets, computers) in different ways. Here are some of the most popular carriers with a link to their parental control information. Each company has customer support available to walk you through using this to protect your children.

- **Xfinity**
<https://www.xfinity.com/support/articles/set-up-parental-controls-with-comcast-networki>
- **AT&T**
<https://www.att.com/support/article/u-verse-high-speed-internet/KM1336815/>

MOBILE PROVIDERS

A mobile service provider is a company that sells wireless connectivity to customers for cellphone data and telephone calls.

- **TMobile**
<https://www.t-mobile.com/support/tutorials/device/app/ios/topic/t-mobile-familymode/parental-control-how-to-restrict-app-and-internet-use/15>
- **Verizon**
<https://www.verizon.com/support/verizon-smart-family/>
- **AT&T**
 - <https://www.att.com/support/article/wireless/KM1271913/>
 - <https://www.att.com/security/secure-family-app/>

MONITORING AND MANAGING TOOLS

These apps/tools provide opportunities for you to monitor and control a wide range of devices on your home/mobile network:

- **Netgear**
<https://www.netgear.com/home/services/smart-parental-controls/>
- **Circle**
<https://meetcircle.com/>
- **BARK**
<https://www.bark.us/learn/home/>
- **Qustodio**
<https://www.qustodio.com/en/>

DEVICES

These tools provide specific information on managing access on mobile phones/tablets:

- **Apple Parental Controls**
<https://support.apple.com/en-us/HT201304>
- **Android Parental Controls**
<https://families.google/familylink/>
<https://www.androidauthority.com/android-parental-controls-explained-3250229/>

Additional Resources

If you missed the presentation here is the link to the content provided which should give you access until 2/20/25

Module Link: [Social Media Awareness, Digital Citizenship & Cyberbullying](#)

Password: ALSIPparent24

Here is the companion manual to the presentation or module.

Parent Guide: [Raising Digitally Responsible Youth: A Parent/Caregiver Guide](#)