May 2023

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday - Cinco De Mayo
05/1/2023 Jerk Chicken Drumstick WG Brown Rice 2 oz, Drumstick 2 oz Snap Peas 3/4 c Pineapple Cup 1/2 c	**5/2/2023** Breaded Chicken Sandwich WG Burger Bun 2 oz, Breaded Chicken Patty 2 oz French Fries 3/4 c Pear 1/2 c	**5/3/2023** Korean Meatballs WG Brown Rice 2 oz, Meatballs 2 oz Red Bell Peppers 3/4 c Clementine 1/2 c	**5/4/2023** Lemon Chicken Primavera WG Penne 2 oz, Diced Chicken 2 oz Broccoli 3/4 c Applesauce Cup 1/2 c	**5/5/2023** **Half Day**
5/8/2023 Hamburger on Bun WG Burger Bun 2 oz, Beef Patty 2 oz Celery Sticks 3/4 c Fruit Cup 1/2 c	**5/9/2023** Chicken Nachos WG Tortilla Chips 2 oz, Chicken & Cheese Sauce 2 oz, Jicama 3/4 c Apple 1/2 c	**5/10/2023** Turkey Sausage Pizza WG Crust 2 oz, Turkey Sausage 2 oz Baby Carrots 3/4 c Clementine 1/2 c	**5/11/2023** Chicken & Vegetable Dumplings WG Wrapper 2 oz, Chicken & Veggie Filling 2 oz Mixed Greens 3/4 c Applesauce Cup 1/2 c	**5/12/2023** Alfredo Pasta WG Pasta 2 oz, Alfredo Sauce 1 oz, Diced Chicken 1 oz Lemon Chickpea Salad 3/4 c Grapes 1/2 c
5/15/2023 Meatball Sub WG Hoagie Bun 2 oz, Beef Meatballs/Mozz. Cheese 2 oz Green Peas 3/4 c Pineapple Cup 1/2 c	**5/16/2023** Chicken Quesadilla WG Totilla 2 oz, Chicken/Cheese 2 oz Seasoned Black Beans 3/4 c Pear 1/2 c	**5/17/2023** Philly Cheesesteak WG Hoagie Bun 2 oz, Shredded Beef 1.5 oz, White Cheese Sauce .5 oz Peppers & Onions 3/4 c Clementine 1/2 c	**5/18/2023** Butter Chicken WG Brown Rice 2 oz, Diced Chicken 2 oz Broccoli 3/4 c Applesauce Cup 1/2 c	**5/19/2023** Baked Penne WG Pasta 2 oz, Mozzarella Cheese 2 oz Diced Carrots 3/4 c Grapes 1/2 c
05/22/2023 Chicken Nuggets WG Breading 1 oz, Chicken 2 oz, WG Dinner Roll 1 oz BBQ Bean Salad 3/4 c Pineapple Cup 1/2 c	**05/23/2023** Beef Taco WG Tortilla 2 oz, Seasoned Beef Crumble 1.5 oz, Shredded Cheese .5 oz Cherry Tomatoes 3/4 c Pear 1/2 c	**05/24/2023** Breakfast for Lunch Waffles 2 oz, Turkey Sausage 2 oz Tater Tots 3/4 c Clementine 1/2 c	**05/25/2023** Sweet Thai Chili Chicken WG Brown Rice 2 oz, Chicken Drumstick 2 oz Broccoli 3/4 c Applesauce Cup 1/2 c	**05/26/2023** **No School**
05/29/2023 	**05/30/2023** Turkey Sausage Pizza WG Crust 2 oz, Turkey Sausage 2 oz Baby Carrots 3/4 c Pineapple Cup 1/2 c	**05/31/2023** Breaded Chicken Sandwich WG Burger Bun 2 oz, Breaded Chicken Patty 2 oz Tater Tots 3/4 c Clementine 1/2 c	**06/1/2023**	**06/2/2023**

OPEN KITCHENS
Serving the Best